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DENISE FOLSOM — Corporate Flight Attendant

Phone 727.366.2685 • Fax 727.499.6957

s4ProDolisc@kijJ.com
Tampa, FL

OBJECTIVE

Exceptionally qualified flight attendant with proficiency in culinary service procedures, safety, exemplary planning and organization as well as extensive international travel seeks corporate flight attendant position.

QUALIFICATIONS AND CERTIFICATIONS

Beyond and Above Corporate Flight Attendant Training, June 2007

- Certified FAR Parts 91.125, 135, JAR Ops 1, CARs
- Aeroservice Aviation Center Emergency Training and Crew Resource Management Training
- American Red Cross Certified: CPR, First Aid, AED, and BBP
- Certified Combative Self-Defense Training and Security
- Certified Corporate Specific Catering and In-flight Culinary Service Training

PREVIOUS PROFESSIONAL AIRLINE QUALIFICATIONS & CERTIFICATIONS EXPERIENCE

American Airlines Inc.: International Flight Attendant, New York & Miami (1991-2005)

- FAR Part 121 -Flag
- *2001 Professional Flight Attendant Award* — Coveted award earned by less than 1% of Flight Attendants.
- Boeings: 727, 737, 757, 767, 777; Airbus 300; McDonald Douglas Super 80
- CPR, First Aid, AED, BOP, HAZMAT, Fire Safety and Firefighting Control
- World Defense Systems, Inc. — Anti-Terrorist Combative & Self-Defense Skills
- Emergency Evacuation, Ditching, Accidents & Incidents, Crew Resource Management Training
- International Flagship Service Training — Culinary Presentation, Wine & Food Pairing
- Special Assignment: Flight Service Manager Internship

PROFESSIONAL BUSINESS EXPERIENCE

Fitology Pro LLC: President/Owner (2005 -present)

- Certified Nutraceutical Consultant & Lifestyle Fitness Coach

Liberty Mutual Insurance: Senior Account Representative (2005 —2007)

- Business to Business Corporation Insurance Sales
- State of FL General Lines Agent - Property and Casualty Insurance License (2-20)

Abbott Laboratories, Inc.: Pharmaceutical Sales Specialist (2004-2005)

- Responsible for targeting top physician specialists: Endocrinologists, Cardiologists, Primary Care
- Ranked # 1 in Nation for Synthroid product: 97.7% market share preservation
- Ranked # 1 in Region for Meridia product: 91.1% market share expansion
- Ranked #3 in Region for TriCor product: 105.5% market share conversion of new formulation
- Performed Cardiovascular Open-Heart Surgery Preceptorship with world-renowned Drs. Vicari & Green

Club Fitness, Inc.: Certified Personal Fitness Trainer & Marketing Director (2003-2004)